



KUNDALINI YOGA\* TEACHER TRAINING LEVEL 2  
**CONSCIOUS COMMUNICATION**

SHIV CHARAN SINGH and Sohan Kaur / Germany 25. - 30.01.18

# KUNDALINI YOGA\* LEHRERAUSBILDUNG LEVEL 2 CONSCIOUS COMMUNICATION Deutschland / Germany 25.-30.01.2018

## TERMIN / DATE

Anreise / arrival: 24.01. ca. 17h

Abreise / departure: 30.01. ca. 17h

## ORT / LOCATION

Gut Alte Heide

Bremen 10, 42929 Wermelskirchen (near Cologne)

airports: Cologne-Bonn / Düsseldorf International

## KOSTEN / COSTS

Unterricht / teachings: 650,- euro

Essen & Unterkunft / food & accomodation:

360 € 6-Bett Zimmer / 6-Bed Room

420 € p.p. DZ / Double Room

480 € EZ / Single Room

Bitte für Essen & Unterkunft anmelden bei /

Please book your place for food &

acomodation directly at Gut Alte Heide

info@gutalteheide.de / 0049 - (0)2193 - 533990

## ANMELDUNG/APPLICATION TRAINING

santkaur@gmx.de

mobil(e): 0049 -(0)163 - 4794291

\*Kundalini Yoga as taught by Yogi Bhajan

SHIV CHARAN SINGH Leadtrainer  
and Co-Teacher SOHAN KAUR



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*Hold the teacher's voice. Empower your speaking.  
Deepen your listening. Sounding from the navel.  
Pitching from the chakras. Projecting & defending.  
Prayerful communication.*

*Communication blocks; fear/anger.  
Hidden self, shadow self & the mask.*

*Uplifting others through the frequency of your  
communication is a direct path to self-mastery.*

